

Patient Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

**List any hospitalizations or visits to the emergency room**

| Date | Reason | Location |
|------|--------|----------|
|      |        |          |
|      |        |          |
|      |        |          |
|      |        |          |

**Medications or Allergies**

| Medication | Dose | Reason for Taking |           |          |
|------------|------|-------------------|-----------|----------|
|            |      |                   |           |          |
|            |      |                   |           |          |
|            |      |                   |           |          |
|            |      |                   |           |          |
|            |      |                   |           |          |
|            |      |                   |           |          |
| Allergies  |      | Reaction          | Allergies | Reaction |
|            |      |                   |           |          |
|            |      |                   |           |          |
|            |      |                   |           |          |

**Medical History**

|                                    | Me | Father | Mother | Siblings | Children | Grandparents |
|------------------------------------|----|--------|--------|----------|----------|--------------|
| Coronary Disease                   |    |        |        |          |          |              |
| High Blood Pressure or Cholesterol |    |        |        |          |          |              |
| Cerebral Vascular Disease / Stroke |    |        |        |          |          |              |
| Renal Disease                      |    |        |        |          |          |              |
| Cancer                             |    |        |        |          |          |              |
| Diabetes                           |    |        |        |          |          |              |
| Aortic Aneurysms                   |    |        |        |          |          |              |
| Mental Health Conditions           |    |        |        |          |          |              |
| Illegal Drug/Substance Use         |    |        |        |          |          |              |
| Other:                             |    |        |        |          |          |              |

**Names of Providers / Specialists seen since your last visit**

| Doctor's Name | Specialty Type and Reason You See Them |
|---------------|--|
|               |  |
|               |  |
|               |  |
|               |  |
|               |  |

**Medical Equipment** (Oxygen/Supplies/Home Health)

| Supply | Who provides this service for you? |
|--------|------------------------------------|
|        |                                    |
|        |                                    |

**Health Risk Assessment**

|   |  |  |   |  |
|---|--|--|---|--|
| 1. Over the last 4 weeks, how would you rate your health?       | <input type="checkbox"/> Excellent                       | <input type="checkbox"/> Good                        | <input type="checkbox"/> Fair                 | <input type="checkbox"/> Poor                                  |
| 2. Do you eat 5 servings of fruits and vegetables a day?        | <input type="checkbox"/> Yes <input type="checkbox"/> No |  |   |  |
| 3. Do you exercise at least 20 minutes, 3 or more times a week? | <input type="checkbox"/> Yes <input type="checkbox"/> No |  |   |  |
| 4. Are you or a family member concerned about your memory?      | <input type="checkbox"/> Yes <input type="checkbox"/> No |  |   |  |
| 5. Do you feel overly tired or fatigued often?                  | <input type="checkbox"/> Yes <input type="checkbox"/> No |  |   |  |
| 6. Do you have any physical pain that limits your activities?   | <input type="checkbox"/> Yes <input type="checkbox"/> No |  |   |  |
| 7. Do you have trouble hearing?                                 | <input type="checkbox"/> Yes <input type="checkbox"/> No |  |   |  |
| 8. Does your home have rugs in the hallway?                     | <input type="checkbox"/> Yes <input type="checkbox"/> No |  |   |  |
| 9. Do you have grab bars in the bathroom?                       | <input type="checkbox"/> Yes <input type="checkbox"/> No |  |   |  |
| 10. Have you fallen in the last 12 months?                      | <input type="checkbox"/> Yes <input type="checkbox"/> No |  |   |  |
| 11. Does your home have poor lighting?                          | <input type="checkbox"/> Yes <input type="checkbox"/> No |  |   |  |
| 12. Do you have handrails on the stairs?                        | <input type="checkbox"/> Yes <input type="checkbox"/> No |  |   |  |
| 13. In the last 4 weeks, have you had difficulty:               |  |  |   |  |
| <input type="checkbox"/> Walking                                | <input type="checkbox"/> Going up and down the stairs    | <input type="checkbox"/> Standing up or sitting down | <input type="checkbox"/> Dressing             | <input type="checkbox"/> Brushing teeth                        |
| <input type="checkbox"/> Bathing or taking a shower             | <input type="checkbox"/> Using the toilet                | <input type="checkbox"/> Feeding yourself            | <input type="checkbox"/> Managing medications | <input type="checkbox"/> Cooking                               |
| <input type="checkbox"/> Housecleaning                          | <input type="checkbox"/> Laundry                         | <input type="checkbox"/> Using a computer            | <input type="checkbox"/> Using the phone      | <input type="checkbox"/> Managing finances or paying the bills |
| <input type="checkbox"/> Using public transportation or driving | <input type="checkbox"/> Shopping                        |  |   |  |

|   |  |
|---|--|
| 14. On a scale of 1-10, what number best describes your pain on average?                                    | <input type="text"/>                                     |
| 15. On a scale of 1-10, what number best describes how the pain has interfered with your enjoyment of life? | <input type="text"/>                                     |
| 16. On a scale of 1-10, what number best describes how the pain has interfered with your general activity?  | <input type="text"/>                                     |
| 17. Do you have an advance directive?   |  |
| 18. Do you have concerns about sexually transmitted infections?   | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 19. Do you have a dental home?  | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 20. What is your home environment? (e.g., assisted living, rent, own, roommate)<br>_____                    |  |
| 21. Do you wear seatbelts?  | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 22. Do you use sunscreen?   | <input type="checkbox"/> Yes <input type="checkbox"/> No |